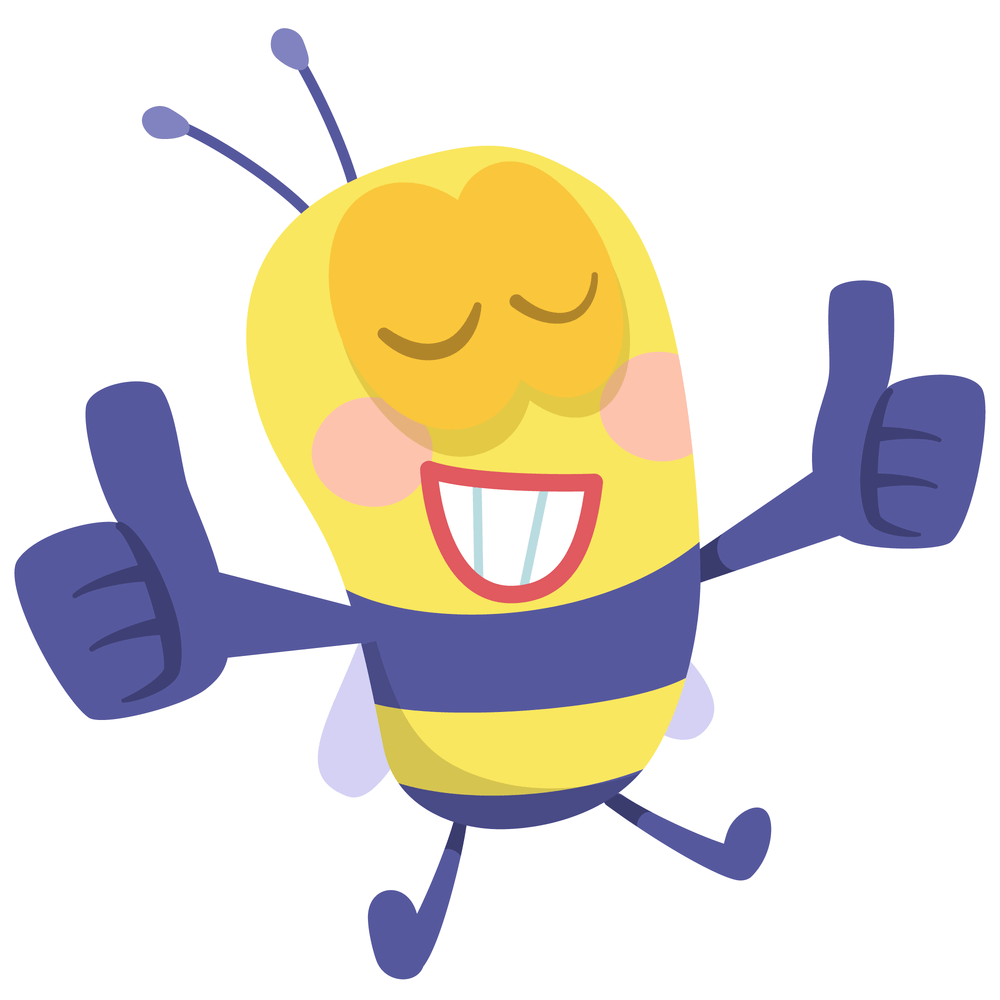
**Social Media Guidance for Learners**

****

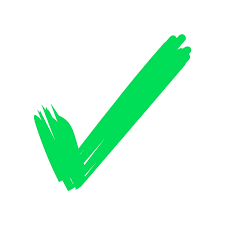
**In real life:**

* you choose your friends.
* you choose who you meet and spend time with.
* you choose who you share your secrets with and who sees your photos.

**In the online world **

* there is less control.
* boundaries can blur.
* information can be shared very widely at the push of a button.

**Using social media in college:**

*  At ACL we recognise the benefits of internet use for learning and sharing safely.
* Do NOT create or use class WhatsApp groups as this gives everyone access to your personal contact details.
* Do use ACL VLE (Virtual Learning Environment), Teams and Padlet.

A computer screen with yellow text

AI-generated content may be incorrect.

**Prevent:**

* **social media makes it easy for some people to be radicalised towards hate or terror activities** [**Prevent**](https://aclessex.com/learner-induction-and-information/)

**Tips for Safe Use:**

|  |  |
| --- | --- |
|  | **Privacy Settings**:   * Use settings to control who sees your posts and personal information. |
|  | **Limit Personal Information**:   * + Be cautious about sharing personal information and images.   + Avoid sharing anything you wouldn’t want a stranger to know or see.   + It is a crime:     - to take, make, share or keep an indecent photo or video of a child under 18.     - to share an intimate image without consent.     - Includes images that are fake or altered. |
| A cartoon of a person and a child  AI-generated content may be incorrect. | **Only Connect with People you Trust**:   * + Connect with friends, family, or classmates.   + Do not become “friends” with people you do not know or celebrities. Scammers often pretend to be someone else.   + Please don’t add others to a group chat (WhatsApp/Messenger etc) without their permission.   + Don’t feel obliged to join an online group. |
| Questions with solid fill | **Ask for Help When Needed**:   * + Always ask for help if you’re unsure about how to use a feature.   + If something makes you feel uncomfortable. |
| Tired Team Sasquatch | **Take Regular Breaks**:   * + Make sure to take regular breaks from your device. |
|  | **Remember not all information online is true.**   * + Compare information with other sites.   + If reliable sources agree, it's more likely to be accurate.   + If a source contradicts facts, be cautious. |
| Toy robot on a white background. | **Artificial Intelligence (AI)**   * + We use AI daily,     - talking to Alexa/Google,     - predictive text.   + Systems (Algorithms) will see what you are looking at and give you more of the same. This can narrow your view.   + AI is becoming more intelligent every day and is being used by fraudsters more and more.   + **Can you tell the difference between AI created person or a real person:** [**Which face is real?**](https://www.whichfaceisreal.com/index.php) **Try it!** |
| No sign with solid fill | **Report and Block Unwanted Users**:   * + If you get harassed or unwanted attention, use the report and block features provided by the platform. |
| Happy cartoon bee | **Be Respectful**:   * + Treat others with kindness and respect. Remember, there’s a real person behind every profile. |
| Remote learning language with solid fill | **Enjoy and Learn**:   * Social media can be great tool for learning. * Social media can be great for connecting with others. * Enjoy the experience and use it as an opportunity to learn new things. |

**Useful Links:**

[**Report/Remove**](https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/report-remove/)Helps young people under 18 in the UK to report sexual images and videos of themselves and remove them from the internet

[**Reporting Bullying/Abuse on Social Media platforms**](https://bulliesout.com/need-support/young-people/cyber-bullying/report-bullying-abuse-social-media/)This site explains how to report abuse direct to platforms such as Twitter, Face Book, Instagram and Snapchat etc.

[**Reporting Harmful Content**](https://reportharmfulcontent.com/)

* provides guidance about reporting harmful content and when to refer to the police.

[**Need help? - UK Safer Internet Centre**](https://saferinternet.org.uk/guide-and-resource/need-help)

provides information, advice and links to help you use the internet safely and how to report concerns.

[**Are you at risk of online fraud?**](https://stopthinkfraud.campaign.gov.uk/are-you-at-risk/why-you-might-be-more-at-risk-than-you-think/)

describes the things to look out for to minimise your risk of fraud or being scammed.

**Policies:**

* [ACL Online Safety Policy](https://aclessex.com/policies/)
* [AI Policy](https://aclessex.com/policies/)
* [ACL Computer Use Policy](https://aclessex.com/policies/)
* [ACL Positive Behaviours Policy](https://aclessex.com/policies/)
* [ACL Safeguarding and Prevent Policy](https://aclessex.com/policies/)

[ACL Exams Assessment and Examination Malpractice](https://aclessex.com/policies/)

A poster of a computer system

AI-generated content may be incorrect.