



APPROVED
CENTRE

City
Guilds

Level 3 Lead Adult Care Worker

As a Lead Adult Care Worker you will make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges.

You will be expected to exercise judgement and take appropriate action to support individuals to maintain their independence, dignity and control. By providing leadership, guidance and direction at the frontline of care delivery you will be instrumental in improving the health and wellbeing of those receiving care and support. Lead Adult Care Workers will in some circumstances have delegated responsibility for the standard of care provided and may supervise the work of other care workers. This exercising of autonomy and accountability means leading and supporting others to comply with expected standards and behaviours.

Lead Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres or some clinical healthcare settings. As well as covering Lead Adult Care Workers this standard also covers Lead Personal Assistants who can work at this senior level but they may only work directly for one individual who needs support and / or care services, usually within their own home.

Course content includes:

- How to support individuals to remain safe from harm
- How to promote health and wellbeing for the individuals they support
- Treating people with respect and dignity
- Clear and responsible communication skills
- Improving the experience of people who need care and support ensuring it is person centred
- Delivering care and support with kindness and consideration
- Applying knowledge and skills to provide high quality care and support
- Working within a team
- Decision making

Duration

Typical duration to gateway - 18 months
(this does not include EPA period).

Benefits for Learners

1. Develop a range of essential skills they can apply in their working environment
2. Improved confidence, communication and professionalism
3. Knowledge of theories that underpin excellent health & social care support

Benefit to the Business

1. Skilled and qualified staff
2. A motivated workforce who value their role
3. A programme that supports mandatory training e.g. Care Certificate

Commitment

6 hours a week (based on a 30 hour week) of a learner's contracted hours must be given to support the completion of the programme. Tutor led sessions are a mandatory part of the course along with any other learning activities set by the assessor or tutor. Maths and English may need to be undertaken in addition to the main qualification depending on previous attainment in these areas. It is likely that the learner will be required to undertake research, reading and write ups to support their learning. The programme requires 100% commitment from the learner & employer to ensure successful completion.

Delivery

Our blended approach means that our programmes are flexible and enable apprentices to experience a range of learning and support opportunities in a variety of formats such as online or at a local ACL centre. The apprentice will have a dedicated tutor who they will meet (online or face to face) once a month who will guide them through their apprenticeship and prepare them for their End Point Assessment. Reviews of progress are carried out every 12 weeks with the learner, their line manager and the tutor.

Additional workshops and seminars will be available to all learners to support additional learning and the off job learning requirement.

End Point Assessment (EPA)

End Point Assessment (EPA) takes place at the end of the apprenticeship programme and is a comprehensive holistic assessment of the learners' skills, knowledge and behaviours as defined in the apprenticeship standard. It is made up of two parts:

50% Situational judgement test – this test will provide the candidate with a range of real-life scenarios about which the learner will have to answer questions in a multiple choice format (60 questions). The test will normally be taken on line under controlled conditions with a time limit applied.

Questions will draw from the stated knowledge and skills elements of the standard and focus on the higher order competencies. Material may be drawn from any part of the apprenticeship standard.

50% Professional discussion - A professional discussion will be undertaken with an independent assessor. The discussion will be of no more than 45 minutes duration. Candidates can only apply to undertake the discussion component once the situational judgement test has been achieved. The discussion will draw questions and amplifications from prior learning and experience including, where applicable, the candidate's self-assessment and supporting evidence including testimony from users of services and a sample of standardised candidate questions asked of every apprentice candidate in the interview.

If the result is a fail then a resit will be agreed with both learner and employer.

Entry Requirements

Applicants must:

- Be working within a suitable care setting
- Achieve the required level of Maths and English as part of the apprenticeship if a recognised qualification is not already held
- Be employed and have the support of their employer to undertake the programme

Application Process

Applicants will:

- Complete an application form
- Undertake an Initial Assessment test that includes Maths and English
- Have an interview with an ACL team member to assess suitability and eligibility

Employers will:

- Sign a contract with ACL
- Consent to a health and safety checklist to be completed by an ACL team member

Contact

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