

## PARENT AMBASSADOR

Making a difference to families

# PARENT AMBASSADOR PROGRAMME

## IMPROVING THE LIVES OF FAMILIES

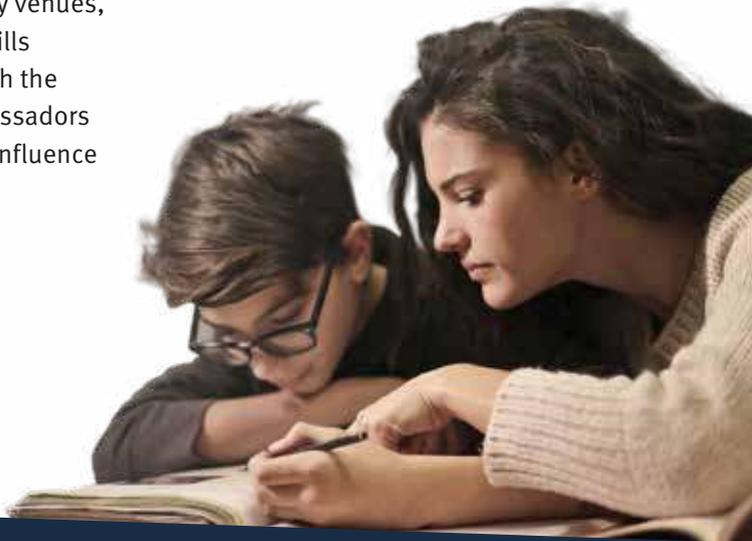
- ▶ Volunteer in local schools
- ▶ Be part of a caring and compassionate community
- ▶ Build your confidence, experience and knowledge
- ▶ Support others



# WHAT IS THE PARENT AMBASSADOR PROGRAMME?

**ACL's Parent Ambassador programme aims to improve the lives of families living in Essex.**

Parent Ambassadors will volunteer in schools and community venues, whilst developing new skills to support others. Through the programme, Parent Ambassadors will be able to positively influence families to engage with learning opportunities, improve wellbeing, and raise aspirations.



## ABOUT US

This is a pilot scheme for parents, grandparents or carers who have children that attend schools in the Basildon or Colchester area.

**If you're interested in becoming a Parent Ambassador, please visit:**

-  [acessex.com/parent-ambassador](https://acessex.com/parent-ambassador)
-  [ACLFamilyLearning@essex.gov.uk](mailto:ACLFamilyLearning@essex.gov.uk)
-  0333 032 1597

# [ACESSEX.COM/PARENT-AMBASSADOR](https://acessex.com/parent-ambassador)

# ARE YOU INTERESTED?

## What would be required of you as a Parent Ambassador?

Following your initial induction, you will undertake a free 13-week bespoke programme to support you in your new role, whilst actively engaging with your school community. You will be expected to dedicate 5 hours per week to this new and exciting role.

Free training could include:

- › Digital literacy
- › Employability
- › Enterprise skills
- › Interview and study skills
- › Communication skills
- › Working in a team
- › Self-management skills
- › Personal goal setting
- › Social media
- › Mental health
- › Active listening and types of questioning
- › Other information, advice and guidance training.

Required training will be completed whilst you engage with your local school community. This engagement activity could involve organising events, activities and discussing the range of learning opportunities available to your peers.

We will provide full support and materials to support you both with training and whilst you are volunteering as a Parent Ambassador.

# MEET A PARENT AMBASSADOR



Join our Facebook Group: Search for 'ACL Essex Community & Family Learning'



# [ACLESSEX.COM/PARENT-AMBASSADOR](https://www.aclessex.com/parent-ambassador)



## **Why is supporting families in your local area important?**

As a parent and grandparent of children who attend my local school, I'm already invested in this school and know how important the school community is. At this current time schools have worked so hard but need extra help. By signing up to be a Parent Ambassador I feel like I can really make the difference to my local school.

## **What have you gained from being a Parent Ambassador?**

Following the Parent Ambassador programme I've made connections within my children's school. I've learnt many skills that you can transfer to another volunteering project, gaining a new job or changing your job or even starting my own business. I now have the confidence and skills to do whatever I wish to do.

## **How does this fit around your family life?**

This role is based around school hours. I already attend regular meetings at the school and this is an extension of those. I speak to other parents in the playground during school drop off and pick up times. This role is very flexible so any parent can make it work for them.

## **How easy was it to sign up to become a Parent Ambassador?**

It was a very simple form on the webpage, and I was contacted by the team. We then arranged an informal chat to make sure that I had all the information I needed. I felt that my views on how we could support families in my local area were listened to.

# COMMUNITY & FAMILY LEARNING

All our current courses and workshops are **FREE** to attend and are delivered either face to face or online in our virtual classrooms.

We also work in partnership with schools, pre-schools, nurseries, community organisations and partners that support families to learn together.

We offer **FREE** interactive courses that help you through whatever challenges life currently brings. Make sure to visit our Facebook Group 'ACL Essex Community & Family Learning' for updates, activities and courses!

To find out more  
[aclessex.com/community-family-learning](https://aclessex.com/community-family-learning)

- Understanding Maths and English
- Emotional wellbeing
- Parenting
- Early Years
- Family wellbeing
- Qualification and Employment
- Specialist Workshops



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# FREE ADULT LEARNING COURSES

We're committed to supporting our learners during and after their studies. With **ACL**, you don't just enrol on a course, you also gain access to a wide range of opportunities that could be free.

## dcsd Employability & careers

We help you develop lifelong skills that will boost your prospects and take you in previously unexplored directions that could result in exciting new career pathways and opportunities.

➤ [aclessex.com/get-back-into-work](https://aclessex.com/get-back-into-work)

## Mental health & wellbeing

Our wellbeing courses are there to improve your self-care techniques, boost confidence, and improve your goal setting strategies.

➤ [aclessex.com/mental-wellbeing](https://aclessex.com/mental-wellbeing)

## Support for all the family

We offer guided workshops focused on keeping children emotionally well, improving carers' or parents' ability to support children's learning and development, and strengthening family relationships.

➤ [aclessex.com/community-family-learning](https://aclessex.com/community-family-learning)

## Maths & English

Our free\* English and maths courses will help to blow away the cobwebs, improve your confidence and gain a qualification. Our courses start from beginners to GCSEs. Whatever your reason to improve your English or Maths, we can help!

➤ [aclessex.com/english](https://aclessex.com/english)

➤ [aclessex.com/maths](https://aclessex.com/maths)

## IT/Digital skills

Gain knowledge and skills whilst using your computer and devices in a home or work environment. We also offer Microsoft Office and Cyber Security courses to help you improve your career prospects and feel more confident.

➤ [aclessex.com/digital-skills](https://aclessex.com/digital-skills)

\*FREE to those who do not currently hold a grade C or 4 (or above) in this subject.

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## HOW TO APPLY

Be part of a wider community of support and opportunities, if you're interested in becoming a Parent Ambassador, please visit:

-  [aclessex.com/parent-ambassador](https://aclessex.com/parent-ambassador)
-  [ACLFamilyLearning@essex.gov.uk](mailto:ACLFamilyLearning@essex.gov.uk)
-  0333 032 1597
-  Instagram
-  Facebook



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