## **Essex County Council**

# **2021/22 Diploma in Adult Care**

**What Qualification/level is this course?**

This is a City & Guilds Diploma at Level 4

**Entry Requirements/Application Process**

Applicants must:

Be a new or working with adults in a care setting.

GCSE's in English and maths at grade C or equivalent or be deemed able to work towards the required level as part of the programme.

Be employed and have the support of their employer to undertake the programme.

**Application Process**

Learners will:

Complete an online application form

Undertake an Initial Assessment test that includes Maths and English

Have an interview with an ACL team member to assess suitability and eligibility

Employers will:

Consent to a health and safety checklist to be completed by an ACL team member.

**Who is the course for?**

Leaders who guide the frontline staff to help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives which is at the heart of person-centred care.

To work in care means to make a positive difference to someone’s life when they are faced with physical, practical, social, emotional, or intellectual challenges. Leaders who guide frontline care workers need to have the right values and behaviours to undertake needs assessments, rehabilitation enablement assessments plus support the use of and assistive technology. They will usually be a coach and mentor to others and will have a role in assessing performance and quality of care delivery.

This course is also suitable to those wishing to build confidence, those returning to work and those looking to improve their employment opportunities to build the skills required for working in the care sector.

**What can I expect to learn?**

Develop an understanding and skills for areas:

* Work in partnership in health and social care settings
* Advanced communication skills
* Personal development in health and social care settings
* Equality and diversity in health and social care settings
* Facilitate person centred assessment to support wellbeing of individuals
* Facilitate support planning to ensure positive outcomes for individuals and to support well-being
* Understand personalisation in care and support services
* Health and safety in health and social care settings
* Professional practice in health and social care settings
* Safeguard children and young people who are present in the adult social care sector
* Develop, maintain, and use records and reports
* Understand safeguarding and protection in health and social care settings

**How will I learn?**

Our blended approach means that our programmes are flexible and enable

learners to experience a range of learning and support opportunities in a variety

of formats such as in the workplace by observation, online or at a local ACL centre. The learner will have a dedicated tutor who they will meet (online or face to face) once a month who will guide them through their course. Additionally, there are additional workshops included in the course given the learner a wider perspective of adult care work. This will support the learner to be able to use their new knowledge and apply it a wide range of adult care services.

**How will I know how well I am doing?**

The tutor will communicate with learners through the online platform, telephone, and Microsoft Teams meeting.

Work will be regularly assessed and marked, and learners will be provided with encouraging developmental feedback. Learners will also be set targets at different stages of the course to enable personal and course objectives to be met.

Reviews of progress will be carried out every 12 weeks with the learner, their line manager and the tutor.

**Will I have to do any work at home?**

We recommend at least 6 – 8 hours a week to complete research, reading and home study.

Typically, the course can be completed in 18 months.

**What will I need to provide?**

Learners will need to have access to a computer or device to enable them to visit the online platform to complete and submit work.

Telephone to enable tutor contact.

Pen/pad of paper for taking notes for example to use during one to one phone meetings.

**What can I do next?**

The tutor will be happy to support and guide learners towards courses that will

compliment current skills, needs, interests and current job role.

Learners may wish to consider the following online short courses:

* Level 5 Diploma in Leadership and Management in Health and Social Care (HSC Adults)

# **Further information:**

For information on all ACL courses please see <http://www.aclessex.com/>

The National Careers Service provides information, advice, and guidance to help

you make decisions on learning, training, and work. The service offers confidential

and impartial advice and is supported by qualified careers advisers. To make an

appointment please call 0800 100 900 (calls are free from landlines and most

mobile numbers) or visit their website <https://nationalcareersservice.direct.gov.uk>